Fort Irwin Community Resource Guide

The community resource guide is a Health Promotion initiative intended to relate to the holistic wellness of Soldiers, Family Members, Civilians and Retirees at the National Training Center by identifying available supports services on and off post

Health Promotion integrates and consolidates prevention, well-being, holistic programs and initiatives through the Community Health Promotion Council, which identifies gaps and overlaps in health and well-being services in order to support Comprehensive Solider Fitness and Fort Irwin Community Needs.

Updated September 2014 by Ashley Martinez: Ashley.m.martinez40.ctr@mail.mil
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ACKNOWLEDGEMENTS

The U.S. Army's National Training Center and its health promotion advocates and programs would like to thank the many staff and volunteers who work every day to make Fort Irwin the premiere training center for military forces of the United States of America and its allies.

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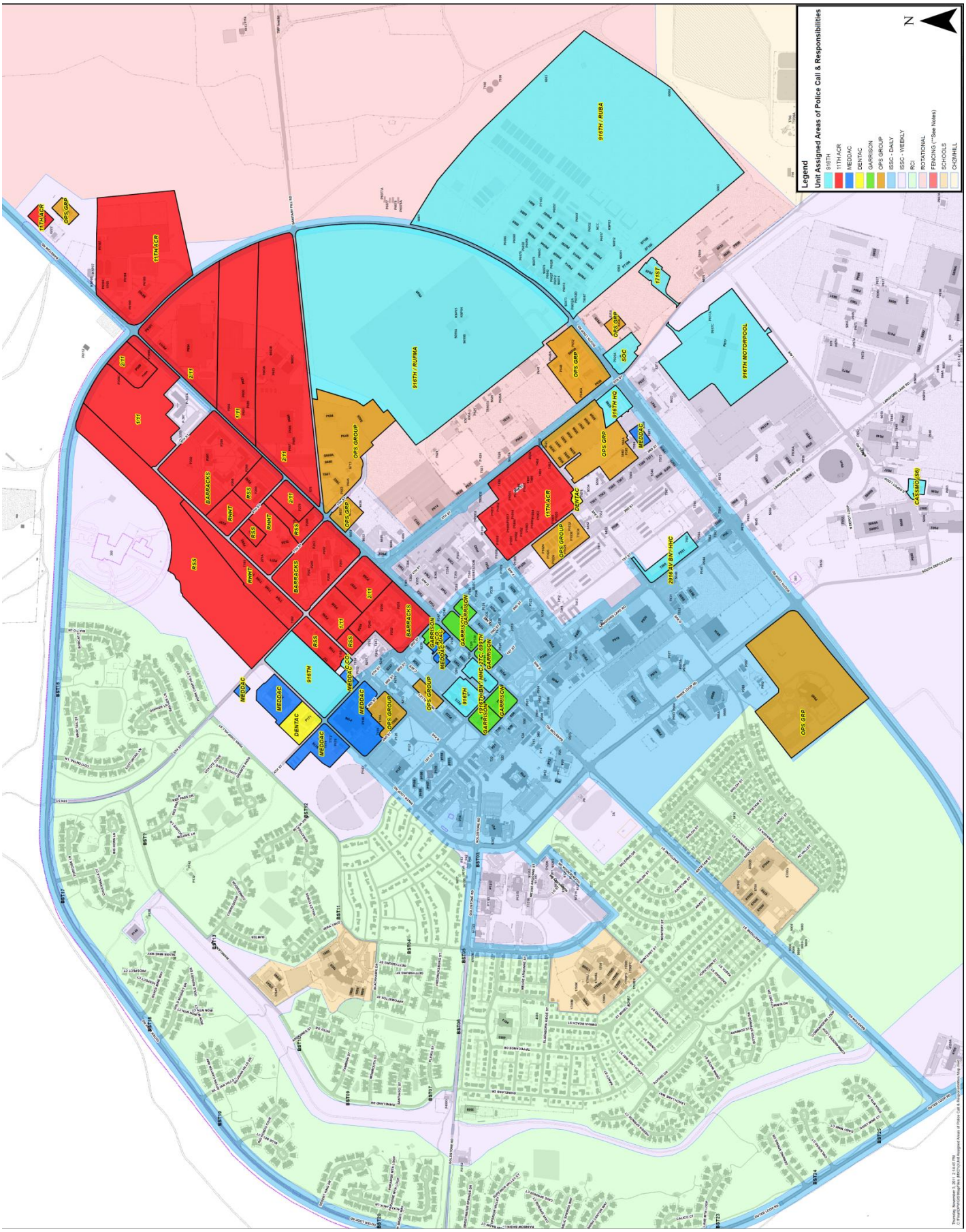

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Abuse & Neglect

Victim Advocacy Program

Phone (760) 380-5467/2407/2409 24/7 Hotline: (760) 267-6792
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/victim-advocacy/
Description: Victim Advocacy is part of the Family Advocacy Program that provides comprehensive assistance and support to victims of domestic abuse. A Victim Advocate will inform Victims of the two types of reporting options – restricted and unrestricted. Victim Advocacy services are available 24/7 to Soldiers and Family members by calling (760) 267-6792.

Army Substance Abuse Program (ASAP)

Phone (760) 380-4153
Location Bldg 573 3rd St. & Southloop Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://www.irwin.army.mil/ArmyCivilians/DHR/pages/ASAP.aspx
Description: Screening, assessment, counseling and referrals for DA civilians, and retirees who have any performance related working issues. We provide a wide range of prevention/education classes and resources for Soldiers. We also provide annual Soldier & DA Civilian requirement training.

Alcoholics Anonymous

Phone (760) 985-3462 (760) 957-5854 Location Bldg 573 3rd St. & Southloop Fort Irwin, CA 92310
Hours of Operation 6:00 PM Tuesday 6:00 PM Thursday
Website http://www.simeetings.com/LA/SBC/HighDesertMtgs.html
Description: Alcoholics Anonymous (AA) is an international fellowship of alcoholics whose purpose is to stay sober and help others recover from alcoholism.

Employee Assistance Program

Phone (760) 380-9092 Location Bldg 573 3rd St. & Southloop Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/EmployeeAssistanceProgram.aspx
Description: The Employee Assistance Program provides employees with valuable resources for helping them cope with a wide variety of issues on and off the job, including alcohol and drug abuse, overall mental well being, martial/relationship issue, child/family issues, stress, dependent care, and more. .

Sexual Assault and Prevention Office

Phone (760) 380-2290 24/7 Hotline: (760)-401-3074
Location Bldg 1200, Normandy Drive (The Forum) Fort Irwin, CA 92310
Hours of Operation Hotline and help available 24/7
Website http://www.irwin.army.mil/Community/Pages/SexualAssaultPrevention.aspx
Description: This program is designed to assist victims of sexual violence and to provide support and information to victims regarding their safety resources available in the community.

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RAINN (Rape, Abuse & Incest National Network)

Phone 1-800-656-HOPE
Website http://www.rainn.org/
Description: RAINN operates the National Sexual Assault Hotline providing free, confidential advice 24/7.

Child and Youth Services

Parent Central Registration
Babysitter List

Phone 760-3080—2257/2270
Location Building 109 Langford Lake Rd Fort Irwin CA 92310
Hours of Operation 7:30 AM – 4:30 PM, Monday-Tuesday and Thursday-Friday 7:30 AM – 1:00 PM Wednesday Closed Weekends and Federal Holidays
Website http://fortirwinfmwr.com/child-youth-school-services/cyss-parent-central-services/
Description: Fort Irwin Child, Youth and School Services maintain a list of registered babysitters in the Fort Irwin area. Walk-ins are welcome, but appointments are highly suggested.

Youth Sports

Phone 760-380-7044
Location Bldg 1300, Meuse Argonne Fort Irwin CA 92310
Hours of Operation 9:00 AM – 5:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/child-youth-school-services/youth-sports/
Description: The Fort Irwin Child, Youth & School Services (CYSS) Youth Sports & Fitness Program offers various opportunities for children to participate in sports. The program provides support for children, ages 4-18 years to encourage healthy, life-long habits. All youth must have a current sports physical and be registered with CYSS before participation in any practices or games.

HIRED! Program

Phone 760-380-8412
Location Bldg 1313 Meuse Argonne St. Fort Irwin CA 92310 Hours of Operation 9:00 AM – 6:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/child-youth-school-services/hired/
Description: The HIRED! Apprenticeship Program provides 15-18 year-old youth with meaningful work experience in Morale, Welfare and Recreation (MWR) operations. The HIRED! Apprenticeship Program offers valuable paid work experience and training to better equip each participant with the skills needed for a highly competitive job market. Upon completion of a 12-week term (15 hours per week), apprentices are eligible for cash awards through CYS Services. 1st & 2nd term $500, 3rd & 4th term $625, 5th & 6th term $750.

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EDGE! (Experience, Develop, Grow & Excel)

Phone 760-380-5816
Location Bldg: 1313 Meuse Argonne St. Fort Irwin, CA 92310
Hours of Operation 9:00 AM – 6:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/child-youth-school-services/edge/
Description: The EDGE! program is an opportunity for youth ages 11-18 of military Families, DOD Civilians and Fort Irwin contractors who are registered with CYSS to experience, develop, grow and excel by participating in free art, fitness, life skills and adventure activities, such as paintball, culinary arts, auto-skills classes, archery and so much more.

New Parent Support Program

Phone (760) 380-4021
Location Bldg 1317, Inner Loop Road Fort Irwin, CA 92310
Hours of Operations 8:00-4:00PM Monday-Friday
Website http://fortirwinfmwr.com/army-community-services/new-parent-support-program/
Description: The New Parent Support Program is a professional team of social workers and nurses who provide supportive and caring services to military families with young children. Our trained, supervised home visitors have extensive knowledge of the issues confronting today's parents. These home visitors are sensitive to the unique challenges facing military families. Through a variety of programs including home visits, support groups and parenting classes, the New Parent Support Program will help you learn to cope with stress, isolation, post-deployment reunions and the everyday demands of parenthood. This voluntary participation program was developed to assist military families in many ways that friends and family do when you're back home.

Exceptional Family Member Program

Phone 760-380-3698
Location Building 109, Langford Lake Rd Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday Closed 12:00pm - 1:00pm
Website http://fortirwinfmwr.com/army-community-services/exceptional-family-member-program/
Description: The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, and personnel services to Families with special needs.

Fort Irwin Child Care "Cactus Cove" Child Development Center

Phone 760-380-9441
Location Bldg 4150 Barstow Road Fort Irwin, CA 92310
Hours of Operation 6:00 AM – 6:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/child-youth-school-services/child-development-center-cdc/
Description: The "Cactus Cove" Child Development Center (CDC) is a 25,000 square foot single story building on an approximately five acres. This facility has a 232 child capacity for children ages 6 weeks through 5 years. The facility was designed and built to strict US Army Center of Standardization (COS) guidelines and was the first LEED Gold Certified Building in the Los Angeles District Corps of Engineers. The CDC houses 16 classrooms, full administrative areas with staff lounge and training room, a commercial kitchen, outdoor playgrounds and activity areas for infants, toddlers, pre-K and kindergarten aged children.

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ARMY FAMILY CHILD CARE (FCC)

Phone 760-380-2267/2268
Location Bldg 1313 Normandy Fort Irwin, CA 92310
Hours of Operation 7:30 AM – 4:30 PM, Monday- Friday
Website http://fortirwinfmwr.com/child-youth-school-services/army-family-child-care-fcc/
Description: The U.S. Army Family Child Care (FCC) Program is one child care option provided to military Family members, Department of Defense civilians and Department of Defense contractors through the Army Child, Youth & School Services (CYS). The FCC Program is provided by military family members or civilians working as independent contractors in individual housing units located on a military installation, in government-controlled housing off the installation or civilian housing off the installation.

MIDDLE SCHOOL & TEEN CENTER (MST)

Phone 760-380-3732
Location Bldg 1313 Normandy Fort Irwin, CA 92310
Hours of Operation Admin Office: 8:00 AM – 6:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/child-youth-school-services/middle-school-teen-center-mst/
Description: MST has a game room with billiards, foosball, video and board games, a computer lab, a homework lab, lounge with two flat screen televisions, Xbox360, Wii, Playstation, outside playground, arts and crafts activities and a full use gym for a variety of activities. We are happy to welcome you and your youth into our MST program. It is the mission of Fort Irwin Child and Youth Services (CYSS) to provide a quality program that meets the needs of youths, parents, to support the military lifestyle, promote character values and reduce conflicts between parental responsibilities and unit mission requirements. Your child must be enrolled in CYSS to utilize the Middle School & Teen Center. To enroll, please visit Parent Central.

Fort Irwin Schools K-12

SCHOOL LIAISON OFFICER

Phone 760-380-6880
Location Bldg 109 Rm 109 Langford Lake Rd Fort Irwin, CA 92310
Hours of Operation Admin Office: 7:30 AM – 4:30 PM, Monday- Friday
Website http://www.irwin.army.mil/Community/Schools/Pages/default.aspx
Description: We would like to take this opportunity to introduce you to the School Liaison Officer here on post. My job is to ensure that information is provided to you, the parents regarding school information such as academics, activities etc. I am also here to assist you with any questions, comments or concerns you might have about our schools. If I don’t know the answer, I will find it for you! Scholarship information is also available through my office for undergraduate, graduate, continuing and adult education. The School Liaison Officer also writes a weekly column in Fort Irwin’s newspaper, The High Desert Warrior, which provides parents and students with valuable academic information to assist them during the school year.

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SILVER VALLEY SCHOOL DISTRICT K-12

Phone 760-254-2916
Location 35320 Daggett-Yermo Road Yermo, CA 92398
Hours of Operation Admin Office: 6:00 AM – 4:30 PM, Monday- Friday
Website http://www.silvervalley.k12.ca.us/
Description: Silver Valley Unified School District is located in the High Desert of Southern California, between Los Angeles and Las Vegas. The district covers an area of approximately 3,345 square miles (8,660 km2), equivalent in size to the combined states of Rhode Island and Delaware. It provides educational services to the communities of Calico, Daggett, Fort Irwin, Ludlow, Newberry Springs and Yermo.

AWANA's

Phone (760)3803562/3440
Location Bldg 315 Barstow Rd. Fort Irwin, Ca 92310
Website http://www.irwin.army.mil/Community/Chapel/Pages/AWANA.aspx
Email ftirwin.awana@gmail.com
Description: Awana is a worldwide youth and children's ministry that more than 100 denominations in the U.S. participate in. Awana uses fun-filled games, crafts, competition, and merit badges to teach children basic bible truths. It helps our chapel communities and parents work together to develop spiritually strong children and youth—grounded in the principles of their faith. Awana meets every Wednesday from 4 to 6 PM for ages 2-1/2 to Middle School at the Fort Irwin center Chapel bldg 315. Cost: $10 per child/$20 per family maximum for one year (Please note that some ages require active, weekly parental volunteer). Watchcare is provided for parent volunteers.

Counseling

FAMILY LIFE CENTER CHAPLAIN

Phone 760-380-4664/4807 Emergency (EOC) at 760-380-3750
Location 320 First Street, Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
Website http://www.irwin.army.mil/Community/Chapel/Pages/StaffCenterChapel.aspx
Description: The Family Life Chaplain is a trained therapist who understands how essential it is to be heard. The Chaplain's highest priority is to guard your dignity and your right to privacy. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

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Military Family Life Consultants (MFLC)

Phone ACS: 760-835-2387
ACS: 760-218-6171
ACS: 760-499-4261
916th: 760-221-8982
11th ACR: 760-220-1111
Lewis Elementary: 760-267-4781
Tiefort View Intermediate: 760-499-4258
Fort Irwin Middle School: 760-267-4779
Silver Valley High School: 760-499-4259
CYSS: 760-237-3201
Website http://www.irwin.army.mil/Community/Pages/MilitaryFamilyLifeConsultants.aspx
Description: The goal of a Military Family Life Consultant (MFLC) is to prevent Family distress by providing education and information on Family dynamics, parenting strategies, available support services, the effects of stress, and positive coping mechanisms. MFLCs provide anonymous and confidential assistance to Soldiers and their Families in problem solving issues resulting from deployment, reunions, reintegration, and/or other times of change.

Behavior Health Mary E. Walker Clinic

Phone 760-380-3631/7367
Location: Bldg 170 Fort Irwin, CA 92310
Hours of Operation 7:45 AM – 4:30 PM, Monday- Friday
Website http://www.irwin.amedd.army.mil/pages/medicalServices/DMH_index.html
Description: Community Behavioral Health Service (CBHS) is designed to assist soldiers and individuals in coping more effectively with emotional stress/ crisis such as depression, anxiety or stress resulting from illness and disability. Services are provided on an outpatient bases to all eligible military, civilian and family members. Access to crisis services are available 24 hours a day. After duty hours report or call the emergency room at 380-3114.

Military OneSource Counseling Services

1-800-342-9647
https://www.militaryonesource.com
Prevention and Intervention Services: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

Career Counseling

Army Career & Alumni Program (ACAP)

Phone 760-380-5644 24 hr Transition Hotline: 1-800-325-4715
Location Bldg. 111 (Corner of Langford Lake & Avenue B) Fort Irwin, CA 92310
Hours of Operation 7:30 AM – 4:30 PM, Monday- Thursday 7:30 AM – 12:00 PM Friday
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/ACAP.aspx
ACAP Online https://www.acap.army.mil/default.aspx

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Description: ACAP was created to help members of the Army, Army civilian employees, and their families to be successful in their transition from federal service. As one of your transition resources, ACAP offers a wide range of information and resources to help you succeed after federal service.

Family Employment Readiness Program

Phone 760-380-5165 24 hr Transition Hotline: 1-800-325-4715
Location Building 109, Langford Lake Rd Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday Closed 12:00pm - 1:00pm
Website http://fortirwinfmwr.com/army-community-services/employment-readiness-program/
Description: ERP offers assistance for employment and a job information board. General information is available on a walk-in basis. Personalized counseling and resume assistance is available by appointment only.

Crisis Management

American Red Cross at Fort Irwin

Phone 760-380-3697 24 Hour Emergency Phone Number: 1-877-272-7337
Location 1204 Normandy Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
Website http://www.redcross.org/ca/fort-irwin
Description: ARC serves as the link between military and civilian worlds. They provide emergency communications between Soldiers and their Families as well as reporting service for emergency leave, personal and other family problems. This is the link to the national Messaging Center to inquire on the status of a Red Cross message. Emergency Leave and Army Emergency Relief are usually unavailable without Red Cross validation.

HIV/AIDS Instructor Training

Red Cross HIV/AIDS Fundamentals/Prevention Classes is the standardized program used to train facilitators in the community.

Outdoor Safety

Shows skills necessary to recognize outdoor (ski patrol, etc) emergencies and administer the appropriate care until a higher level of care is available.

Super Babysitters Training

Develops skills in leadership, safety, safe play, basic care, first aid and professionalism.

Workplace Violence Awareness

Defines categories of Workplace Violence, identifies warning signs of potential violence and demonstrates how to reduce risk of becoming a victim of workplace violence.

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CPR Training, First Aid Class

Covers Adult, Child & Infant CPR and choking skills.

Emergency Communication - Red Cross Message

Military Families are eligible for Red Cross to deliver notification of an emergency (death or serious illness of an immediate family member, and birth of a service member's child or grandchild). Red Cross Messaging is available worldwide 24hrs, 365 days a year.

24 Hour Hotline: 877-272-7337 (toll-free) if you are currently, or if you are calling about:

- Anyone on active duty in the Army, Marines, Navy, Air Force or Coast Guard
- An activated member of the Guard and Reserve of all branches of the U.S. Armed Forces
- An immediate family member or dependent of anyone in the above categories
- A civilian employed by or under contract to the Department of Defense and stationed outside the Continental United States and any family residing with them at that location
- A military retiree or the retiree's spouse or widow(er)
- A Cadet or midshipman at a service academy; ROTC cadet on orders for training
- A Merchant Marine aboard a U.S. Naval Ship

When calling the Red Cross, be prepared to provide as much of the following information about the service member as is known:

- Full legal name
- Rank/rating
- Branch of service (Army, Navy, Air Force, Marines, Coast Guard)
- Social Security number
- Date of birth
- Military unit address
- Information about the deployed unit and home base unit (for deployed service members only)

Worksite Ergonomics, Worksite Safety

Discusses signals and risk factors of musculoskeletal disorders and recommends ways to reduce those risks. Demonstrates exercises to reduce and prevent musculoskeletal disorders.

Healthy Pregnancy, Healthy Baby

Describes each trimester of pregnancy, different birthing methods, nutrition and care of a newborn.

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Family Life Center Chaplain

Phone 760-380-4664/4807 Emergency (EOC) at 760-380-3750
Location 320 First Street, Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
Website http://www.irwin.army.mil/Community/Chapel/Pages/StaffCenterChapel.aspx
Description: The Family Life Chaplain is a trained therapist who understands how essential it is to be heard. The Chaplain's highest priority is to guard your dignity and your right to privacy. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

Death, Grief & Loss

Casualty & Mortuary Affairs

Phone (760) 380-4036 Benefits Coordinator (760) 380-5137 Fax (760) 380-3094, DSN: 470-3094 After Hours (760)380-3750. (Staff Duty Officer)
Location Bldg 107, Room 113 Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday-Wednesday 1:00 PM– 4:00 PM Friday Thursday Closed & All Federal Holidays
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/CasualtyandMortuaryAffairs.aspx
Description: The Army Casualty Assistance Office is a subordinate office of the Fort Hauchuca, Casualty Assistance Center; Our mission is to assist Army families both active and retired in their time of bereavement. Upon the death of an active duty Army Soldier, Soldiers dependent, Army Retirees, or anyone who previously served in the Army, the following information should be provided telephonically to the Casualty Officer.
Full name Social security number Rank Unit (active duty only) Circumstances surrounding the death Next of Kin (NOK) information.

Survivor Outreach Services

Phone 760-256-1735
Location Bldg 512 Barstow Road Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Fort Irwin MWR Website http://fortirwinfmwr.com/army-community-services/survivor-outreach-services/
American Widow Project Website http://www.americanwidowproject.org/
Gold Star Wives of America Website http://www.goldstarwives.org/
Description: Losing a loved one is one of the most difficult things anyone can go through. In its commitment to the Families of the Fallen, the United States Army has developed a comprehensive Survivor Outreach Services (SOS) Program. The mission of the Survivor Outreach Services (SOS) is to provide long-term support to Families of our Fallen Soldiers by offering assistance with any concerns or issues, providing information on services and programs, and connecting Families to outreach organizations both inside and outside the Department of Defense.

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FAMILY LIFE CENTER CHAPLAIN

Phone 760-380-4664/4807 Emergency (EOC) at 760-380-3750
Location 320 First Street, Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
Website http://www.irwin.army.mil/Community/Chapel/Pages/StaffCenterChapel.aspx
Description: The Family Life Chaplain is a trained therapist who understands how essential it is to be heard. The Chaplain's highest priority is to guard your dignity and your right to privacy. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

MILITARY FAMILY LIFE CONSULTANTS (MFLC)

Phone ACS: 760-835-2387
ACS: 760-218-6171
ACS: 760-499-4261
916th: 760-221-8982
11th ACR: 760-220-1111
Lewis Elementary: 760-267-4781
Tiefort View Intermediate: 760-499-4258
Fort Irwin Middle School: 760-267-4779
Silver Valley High School: 760-499-4259
CYSS: 760-237-3201
Website http://www.irwin.army.mil/Community/Pages/MilitaryFamilyLifeConsultants.aspx
Description: The goal of a Military Family Life Consultant (MFLC) is to prevent Family distress by providing education and information on Family dynamics, parenting strategies, available support services, the effects of stress, and positive coping mechanisms. MFLCs provide anonymous and confidential assistance to Soldiers and their Families in problem solving issues resulting from deployment, reunions, reintegration, and/or other times of change.

BEHAVIOR HEALTH MARY E. WALKER CLINIC

Phone 760-380-3631/7367
Location: Bldg 170 Fort Irwin, CA 92310
Hours of Operation 7:45 AM – 4:30 PM, Monday- Friday
Website http://www.irwin.amedd.army.mil/pages/medicalServices/DMH_index.html
Description: Community Behavioral Health Service (CBHS) is designed to assist soldiers and individuals in coping more effectively with emotional stress/ crisis such as depression, anxiety or stress resulting from illness and disability. Services are provided on an outpatient bases to all eligible military, civilian and family members. Access to crisis services are available 24 hours a day. After duty hours report or call the emergency room at 380-3114.

MILITARY ONESOURCE COUNSELING SERVICES

Phone 1-800-342-9647
Website https://www.militaryonesource.com
Description: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

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Pastoral Counseling

Family Life Center Chaplain

Phone 760-380-4664/4807 Emergency (EOC) at 760-380-3750
Location 320 First Street, Fort Irwin, CA 92310 Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
Website http://www.irwin.army.mil/Community/Chapel/Pages/CollectiveProtestant.aspx
Description: The Family Life Chaplain is a trained therapist who understands how essential it is to be heard. The Chaplain's highest priority is to guard your dignity and your right to privacy. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

Support Groups

Coffee Break Moms Support Group

Phone (760) 380-4470
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: Come and relax and meet other moms over a fresh cup of coffee. Share, and offer experiences with other moms and build relationships. Coffee Break occurs every Friday from 11:00 AM-1:00 PM at the Forum bldg 1200. Child care is available. Please register online at http://fortirwinfmwr.com/army-community-services/family-advocacy-program/.

5 Love Languages

Phone (760) 380-4021/4470
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: The Five Love Languages discusses relationships between couples. All people express their love for one another in various ways and it is essential for couples to identify how they communicate their love to one another so that they are able to improve upon their relationship.

Get a Grip! Managing Anger and Frustration

Phone (760) 380-4474
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: Anger Management for Parents Workshop: A class focused on helping parents to understand their anger and learn how to express it. Workshop will cover anger and parenting,

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learning about your anger, managing your anger, positive discipline and your child's anger. During the class, parents/caregivers will develop their own anger management plan.

INFANT CARE CLASS

Phone (760) 380-4021/3028
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation Every Tuesday & Thursday 9:30am-11:30am
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: This is an interactive parent and tot playgroup designed to teach parents developmentally appropriate play and to help children improve their social, cognitive, and motor skills. Play groups are every Tuesday and Thursday from 0930-1100 at the Middle School & Teen Center Gym, Bldg. 1315, off Normandy. Class is open to the entire Fort Irwin Community. No CYSS registration needed.

INTERNATIONAL SPOUSES GROUP

Phone (760) 380-3598
Location Bldg 109, Inner Loop Road Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/relocation-referral-program/
Description: International Spouses Group | The Relocation Readiness International Spouse Support Group is a multi-cultural, multi-ethnic group. The goal of the group is to bring together foreign-born Spouses for an informal gathering. The group is a wonderful resource for foreign-born Spouses to share information, adjusting to life in America and the Military, learning English as a second language, raising bilingual children, citizenship issues, hobbies, share your favorite or learn other countries' food/snack/dessert and appetizer recipes…and much more! Best of all, it provides members with an opportunity to meet other Spouses who are in a similar situation. This group meets the first Tuesday of every month at 1000 at Crackjack Flats Community Center.

LOVE AND LOGIC EARLY CHILDHOOD PARENTING MADE FUN! (AGES 0-6)

Phone (760) 380-4021/4470
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: The parenting course Becoming a Love and Logic Parent teaches parents how to hold their kids accountable by "locking in our empathy, love, and understanding" prior to telling kids what the consequences of their actions will be." When done on a regular basis, kids develop an internal voice that says, "I wonder how much pain I'm going to cause for myself with my next decision Class is geared towards children four years and up. This is a three-week course with weekly classes.

1-2-3 MAGIC: MANAGING DIFFICULT BEHAVIOR IN CHILDREN AGES 2-12

Phone (760) 380-4470
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: Are you frustrated trying to find an effective and positive way to discipline your children? 1-2-3 Magic! offers parenting solutions that are easy-to-learn and that WORK! This tool is designed to help

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you find practical answers to common questions. Our mission is to help you raise happy and competent youngsters and teens - and put the fun back into parenting! This course is made up of three weekly classes.

Parent and Tot Playgroup

Phone (760) 380-4470
Location Bldg. 1315, MST Gym
Hours of Operation Every Tuesday & Thursday 9:30am-11:30am
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: This is an interactive parent and tot playgroup designed to teach parents developmentally appropriate play and to help children improve their social, cognitive, and motor skills. Play groups are every Tuesday and Thursday from 0930-1100 at the Middle School & Teen Center Gym, Bldg. 1315, off Normandy. Class is open to the entire Fort Irwin Community. No CYSS registration needed.

Scream Free Marriage

Phone (760) 380-4474
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: here will be a totally free marriage seminar centered on improving marriage relationships on Wednesday, Jan. 8 from 5:30 PM – 7:30 PM at the Ingall's Recreation Center, Bldg 361, Third Street. ScreamFree Marriage is not about "fighting fair" or "meeting one another's needs" or "becoming more compatible." A ScreamFree marriage begins with calming your own anxiety and focusing on individual self-respect, championing your own personal growth as the key to intimacy. Child care is available and for the first 100 Families there is a free book! Ingall's Recreation Center Bldg. 361, Third Street To register, call ACS/FAP at 760-380-4470 or go to: http://goo.gl/WAuLG Limited Childcare is available but you MUST pre-register. Free ScreamFree Books/DVDs for first 100 families to register!

Scream Free Parenting

Phone (760) 380-4474
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: ScreamFree Parenting is the principle-based approach that's inspiring parents everywhere to truly revolutionize their families. Moving beyond many of the child-centered, technique-based approaches, the ScreamFree way compels you to focus on yourself, grow yourself up, and calm yourself down. Despite all of the challenges we face every day - the troubled economy, rising unemployment, ScreamFree teaches us that by staying both calm and connected with your kids, you begin to operate less out of your deepest fears and more out of your highest principles, revolutionizing your relationships in the process.

Single Parenting Workshop

Phone (760) 380-4021/4470
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday

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Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: Single Parenting Workshop: For those parents who are dealing with the challenges of trying to be both mom and dad and juggle everything else. This workshop will cover various aspects of single parenting to include the importance of co-parenting , communication, finances, to dating again. This class will be most effective if it is taken with one of the Love and Logic parenting courses.

Stress Management

Phone (760) 380-4021/4470
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: Stress Management is focused on providing participants with the knowledge and skills to cope effectively with their individual sources of stress. Participants will learn to recognize their stress symptoms, identify sources of stress, and utilize effective coping skills. Learn how to take control of yourself by learning to control your stress instead of allowing it to control you.

10 Great Ways to Energize Your Marriage

Phone (760) 380-4021/4470
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: Remember back to your dating days—the excitement you felt? Now you can reclaim that same spark, connection, and creativity in your marriage through ten intentional, memory making dates. This proven approach to relationship growth is low-key, purposeful, effective, easy, and fun, and will help you and your spouse.

Total mom experience

Phone (760) 380-4021/4470
Location Bldg. 1200 Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/family-advocacy-program/
Description: The total mom experience meets every Tuesday for ten weeks. Each week participants learn another aspect about themselves: how to be a Healthy Mom, Sexy Mom, Confident Mom, Beautiful Mom, and so much more! Make new friends, share new experiences, and have fun!

Exceptional Family Member Program

Garrison Exceptional Family Member Parent Support Group

Phone 760-380-3698
Location Building 109, Langford Lake Rd Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday Closed 12:00pm - 1:00pm
Website http://fortirwinfmwr.com/army-community-services/exceptional-family-member-program/
Description: Join EFMP for a parent support group the second Wednesday of each month. You will receive support from others in similar situations, network within the community, learn new information

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and resources, and gain the peace of mind of knowing you're not alone. Specific dates can be found on the Family and MWR http://www.irwin.army.mil/Community/Pages/CommunityCalendar.aspx .

MEDDAC Exceptional Family Member Program

Phone (760) 380-3159
Location Bldg 170, Blue Team, Room 124 Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 3:30 PM, Monday- Friday
Website http://www.irwin.amedd.army.mil/pages/medicalServices/EFMP.html enrollees must ensure the military treatment facility (MTF) has the resources needed to accommodate their special needs prior to Fort Irwin arrival. Weed Army Community Hospital is located approximately 40 miles from Barstow. Travel time is approximately 45 minutes to one hour. Specialty medical services are extremely limited in Barstow. Other options for TRICARE Specialty Care are Victorville, located approximately 70 miles from Fort Irwin and Loma Linda University Medical Center which is approximately 120-miles one-way. Most Pediatric Specialty providers are at the minimum distance of 120 miles one-way.

M.O.P.S (Mothers of Preschoolers)

Phone (760) 267-5583 Location Bldg 315 Barstow Rd. Fort Irwin, Ca 92310
Website http://www.irwin.army.mil/Community/Chapel/Pages/MOPS.aspx
Email IrwinMops@gmail.com
Description: MOPS stands for Mothers of Preschoolers and exists to meet the needs of every mom - moms with different lifestyles who all share a similar desire to be the very best moms they can be! MOPS recognize that the years from infancy through kindergarten are foundational in a mother-child relationship and are filled with unique needs. Fort Irwin MOPS group meets twice a month on the 2nd and 4th Wednesdays from 0900 to 1100 Childcare is provided through the chapel's Watch care program. A typical meeting includes time for developing relationships through teaching, discussion groups, creative activities and fellowship time over a potluck meal or snack.

P.W.O.C (Protestant women of the Chapel)

Phone (760)380-3562/3440
Location Bldg 315 Barstow Rd. Fort Irwin, Ca 92310
Website http://www.irwin.army.mil/Community/Chapel/Pages/ProtestantWomenoftheChapel.aspx
Email: pwoc.ftirwin@gmail.com
Description: We provide Worship, Fellowship and Bible Study to women of all denominations. "Join us as we dig into God's Word and learn more about him". Meets every Tuesdays 9:00 AM and 6:00 PM. Fort Irwin Center Chapel inside the Large Activity Room.

C.W.O.C (Catholic Women of the Chapel)

Phone (760)380-3562/3440
Location Bldg 315 Barstow Rd. Fort Irwin, Ca 92310
Website http://www.irwin.army.mil/Community/Chapel/Pages/CWOC.aspx
Email mccw.fortirwin@gmail.com
Description: Catholic Women of the Chapel (CWOC) reflects a visible presence of Christ to military communities and nourishing women to spirituality, leadership, and service. Inspired by the Holy Spirit, CWOC serves as a vital enhancement of the religious support mission of military chapels.

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AWANA's

Phone (760)380-3562/3440
Location Bldg 315 Barstow Rd. Fort Irwin, Ca 92310
Website http://www.irwin.army.mil/Community/Chapel/Pages/AWANA.aspx
Email ftirwin.awana@gmail.com
Description: Awana is a worldwide youth and children's ministry that more than 100 denominations in the U.S. participate in. Awana uses fun-filled games, crafts, competition, and merit badges to teach children basic bible truths. It helps our chapel communities and parents work together to develop spiritually strong children and youth—grounded in the principles of their faith. Awana meets every Wednesday from 4 to 6 PM for ages 2-1/2 to Middle School at the Fort Irwin center Chapel bldg 315. Cost: $10 per child/$20 per family maximum for one year (Please note that some ages require active, weekly parental volunteer). Watchcare is provided for parent volunteers.

Education & Training

Army Education Center

Phone 760-380-4218
Location Building 1020 3rd Street Fort Irwin, Ca 92310
Hours of Operation 7:30 AM – 4:00 PM, Monday- Friday
Website http://www.irwin.army.mil/Community/AEC/Pages/default.aspx
Description: The Fort Irwin Army Education Center provides a full range of voluntary educational services. Army Education Counselors can assist soldiers, family members, and community members with educational goal clarification and degree/certificate program information, tuition assistance, financial aid, and VA education benefits. Contact the respective institution representative to determine the current tuition cost and program availability. Eligible students may use Army TA, GI Bill, grants, or student loan/educational benefits. Visit our Multi-Use Learning Facility We offer 10 workstations with: Laser Printer Internet Access Assistance with GoArmyEd CAC accessibility

Park University

Phone 760-386-8062 Fax: 760-386-8072
Location Building 1020 3rd Street Fort Irwin, Ca 92310
Hours of Operation 7:30 AM – 4:30 PM, Monday- Friday Walk-ins Welcome
Website http://www.irwin.army.mil/Community/AEC/Pages/ParkUniversity.aspx
Description: Park University's satellite campus is located on fort Irwin. However, the main campus is located in Parkville, Missouri and about sixty percent of the students admitted are active duty military, dependents of active duty military, retired military, and Department of Defense.

Barstow Community College

Phone 760-252-2411 Extension 7601
Location Building 285, Barstow Road Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 5:00 PM, Monday- Friday
Website http://www.irwin.army.mil/Community/AEC/Pages/BarstowComunityCollege.aspx

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Description: Barstow Community College main campus is located in Barstow, California. Our Fort Irwin, California campus offers Soldiers and Civilians the opportunity to obtain and Associate's Degree in-classroom or online during the National Training Center's rotation schedule. The photo above is an image of Barstow Community College's main campus in Barstow, California.

Silver Valley School District K-12

Phone 760-254-2916
Location 35320 Daggett-Yermo Road Yermo, CA 92398
Hours of Operation Admin Office: 6:00 AM – 4:30 PM, Monday- Friday
Website http://www.silvervalley.k12.ca.us/
Description: Silver Valley Unified School District is located in the High Desert of Southern California, between Los Angeles and Las Vegas. The district covers an area of approximately 3,345 square miles (8,660 km2), equivalent in size to the combined states of Rhode Island and Delaware. It provides educational services to the communities of Calico, Daggett, Fort Irwin, Ludlow, Newberry Springs and Yermo.

Employment & Volunteer Services

Family Employment Readiness Program

Phone 760-380-5165 24 hr Transition Hotline: 1-800-325-4715
Location Building 109, Langford Lake Rd Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday Closed 12:00pm - 1:00pm
Website http://fortirwinfmwr.com/army-community-services/employment-readiness-program/
Description: ERP offers assistance for employment and a job information board. General information is available on a walk-in basis. Personalized counseling and resume assistance is available by appointment only.

Army Career & Alumni Program (ACAP)

Phone 760-380-5644 24 hr Transition Hotline: 1-800-325-4715
Location Bldg. 111 (Corner of Langford Lake & Avenue B) Fort Irwin, CA 92310
Hours of Operation 7:30 AM – 4:30 PM, Monday- Thursday 7:30 AM – 12:00 PM Friday
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/ACAP.aspx
Description: ACAP was created to help members of the Army, Army civilian employees, and their families to be successful in their transition from federal service. As one of your transition resources, ACAP offers a wide range of information and resources to help you succeed after federal service.

Equal Employment Opportunity

Phone EEO Director: 760-380-4961 EEO Specialist: 760-380-7339
Location BLDG 286, C Avenue IMNT-EE, Box 105019 Fort Irwin, CA 92310
Hours of Operation 8:30 AM – 4:00 PM, Monday-Friday
Website http://www.irwin.army.mil/ArmyCivilians/EOEEO/Pages/eeo.aspx

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Description: Provides training, education, service, and support in an effort to ensure every Federal employee and qualified applicants for Federal employment have the right to equality of opportunity in employment, advancement, and training and development without regard to Race, Color, Religion, Sex, National Origin, Age, or Physical/ Mental Disability.

ARMY VOLUNTEER CORPS PROGRAM

Phone (760) 380-3159
Location Bldg 1317, Inner Loop Road Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/army-volunteer-corps-program/
Description: Army Community Service (ACS) is the home to the Army Volunteer Corps, which is the center of volunteer recruitment, referral, recognition and advocacy efforts for Fort Irwin. Volunteers are needed in a wide variety of positions throughout the installation. Through volunteer service, individuals can learn or enhance skills, get to know the community and meet new people, build their resumes, and more. In 2011 there were 20,686 volunteer hours recorded. This computes to $450,748 that Fort Irwin saved from volunteers working on the installation. There are many services available to the installation that wouldn't be possible without volunteers. We currently have over 600 volunteers – come join the force.

Financial Management / Assistance

FINANCIAL READINESS PROGRAM

Phone Com. 760-380-9194 DSN 470-9194
Location BLDG 1317 RM #7
Hours of Operation 8:00 AM 4:30 PM, Monday- Friday Closed 12:00pm - 1:00pm
Website http://fortirwinfmwr.com/army-community-services/army-emergency-relieffinancial-readiness-program/
Description: The Financial Readiness Program encompasses the Consumer Affairs and Finance Assistance Program and Army Emergency Relief.

- **Consumer Affairs and Finance Assistance Program:** Provides individual or group budget counseling, money management classes, and financial management readiness training. Contact the Consumer Affairs and Finance Assistance Program at 760-380-3513/9194.

- **Money Management classes:** Budget and Planning, Saving and Investing, Debt Liquidation, Banking and Credit Union Savings, Consumer Rights and Obligations, Insurance and Credit, Personal Financial Readiness, Money Management, and Check Writing/Debit Card Class and Refresher Course; by appointment only.

- **Financial Management Readiness Training**: This class offers a wide range of services to assists Soldiers (E1-E4) and their Families to live within their means and invest for the future. Emphasis is placed upon money management, proper use of credit, financial planning for deployment, transition and relocation, insurance, and check writing principles. The goal is to

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enlighten soldiers and their families on procedures in resolving consumer complaint problems and issues. This class covers Financial Readiness, Plans and Presentation with eight lessons:

- Principles of Personal Finance
- Planning and Budgeting
- Banking and Checking Accounts
- Introduction to Using Credit Wisely
- Getting Insurance
- Savings and Investments
- Consumers rights, obligations and scams
- Ready to PCS (Permanent Change of Station)

Offered every Monday at 0800-1600 in Bldg 109 Training Room.

- **Army Emergency Relief**: This program provides interest-free loans or grants during times of emergency. Examples are loans for eviction, vehicle repossession, emergency travel, funeral expenses, repair of soldier's only essential vehicle, etc. Soldiers E1-E4 and O1-O2 and their family members must visit with their Commander or First Sergeant to obtain AER Forms 700 and obtain "recommendations for approval or disapproval" of the loan and/or grant to AER prior to coming to ACS, with exception to a Red Cross message. For more information, contact the Army Emergency Relief Office, at 760-380-3513.

COMMAND DRIVEN FINANCE EDUCATION

Description: Financial NCO led lessons include: What is the Buzz About Life Insurance, All About Mutual Funds, Traditional and Roth IRAs, Thrift Savings Plans, and What is FICO and How Does it Affect My Credit Score. Financial NCOs will also teach basic budgeting classes based on Financial Readiness Resources. Contact your unit Financial NCO for more information.

FINANCIAL PEACE UNIVERSITY

Description: Financial Peace University (FPU) is a voluntary program led by unit Chaplains to assist eligible Soldiers and Spouses. Classes incorporate video teaching, class discussion, and interactive small group activities. FPU presents biblical, practical steps for debt elimination, money management, and saving**.** If funding is available, FPU will be taught once a quarter during a two day period of time. Food and child-care will be provided.
For more information contact your unit Chaplain

- 11th ACR Regimental Chaplain: 760-360-5458
  - 11th ACR Chaplain NCOIC: 760-380-9272
  - 11th ACR Chaplain Assistants: 760-380-4913
- RSS/11th ACR Chaplain: 760-380-4626
  - RSS/11th ACR Chaplain Assistants: 380-4626
- 1/11th ACR Chaplain: 760-380-6277
  - 1/11th ACR Chaplain Assistant: 760-380-2546
- 2/11th ACR Chaplain: 760-380-4382
  - 2/11th ACR Chaplain Assistant: 760-380-6662
- OPS Senior Chaplain: 760-380-5547
  - OPS Chaplain 760-380-6048

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- OPS Chaplain Assistants: 760-380-6048/4443

THE LENDING CLOSET

Phone (760) 380-3598
Location Bldg 109, Inner Loop Road Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website http://fortirwinfmwr.com/army-community-services/relocation-referral-program/
Description: The Relocation Readiness Program operates a lending closet for small household items such as pots and pans, dishes, booster/car seats, highchairs and port-a-cribs. These items are provided on temporary loan (30 days) until household goods and baggage arrive. (Beds, furniture and large appliances are not provided by ACS).

MY ARMY BENEFITS

Phone 888-721-2769
Website https://myarmybenefits.us.army.mil
Description: My Army Benefits provides over 150 fact sheets for benefit eligibility. Calculate your deployment pay; forecast your retirement benefits; research education options and much more. If you require further assistance, speak with a benefits expert between 9AM – 5PM EST Monday-Friday.

Family Support

DIVORCE

Family Life Center Chaplain

Phone 760-380-4664/4807 Emergency (EOC) at 760-380-3750
Location 320 First Street, Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
Website http://www.irwin.army.mil/Community/Chapel/Pages/StaffCenterChapel.aspx
Description: The Family Life Chaplain is a trained therapist who understands how essential it is to be heard. The Chaplain's highest priority is to guard your dignity and your right to privacy. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

LEGAL ASSISTANCE

Phone (760) 380-5321 Fax: (760) 380-5034 Building 288, Barstow Road. Mailing Address
Office of the Staff Judge Advocate ATTN: Legal Assistance P.O. Box 105072 Fort Irwin, CA 92310 **DO NOT use this address for a service of process**
Hours of Operation Monday, Tuesday, Wednesday and Friday: 8:00 AM – 4:00 PM Thursday: 1:00 PM – 4:00 PM we are closed on all Federal Holidays and have limited availability on training holidays.
Website http://www.irwin.army.mil/Community/OSJA/Pages/AdministrativeLaw.aspx
Description: The Fort Irwin Legal Assistance Office provides advice and assistance to Soldiers, family members, and retirees. Legal assistance attorneys and staff review correspondence to or from

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government agencies, private businesses, or private individuals on behalf of clients. Additionally, we provide notary services, negotiate legal disputes with third parties, prepare or review legal documents including, but not limited to, wills, powers of attorney, bills of sale, affidavits, leases, promissory notes, adoption proceedings, name changes, and separation agreements. We also prepare or review petitions to the Army Review Boards Agency, rebuttal statements or appeals for FLIPLs, Officer/NCO Evaluation Reports, and administrative reprimands or other documents in connection with military administrative actions. Legal Assistance attorneys will not appear in civilian courts or give advice concerning private income-producing activities. Appointments for legal services can be made by phone or in person. Powers of Attorney and notary services are available on a walk-in basis during normal business hours. Wills are usually scheduled for Tuesdays. Friday morning we accept appointments on a first come first serve walk-in basis.

Deployment Readiness

Mobilization & Deployment Readiness

Phone 760-380-2399
Location Building 109, Langford Lake Rd Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday Closed 12:00pm - 1:00pm
Website http://fortirwinfmwr.com/army-community-services/mobilization-deployment-readiness/
Description: Mob/Dep is designed to support active and reserve component soldiers and their families. Guidance and assistance to Family Readiness Groups, rear detachment personnel, and families is provided. All activities promote self-development, self-reliance and resiliency during times of mobilization and deployment and foster teamwork in Family Readiness Groups. Pre-Deployment Briefings, a major function of Deployment/Mobilization Readiness, are conducted prior to unit departure and handbooks are provided to soldiers and their family members. Homecoming and Reunion orientation and training are coordinated with subject matter experts. Coping with Separation training is highly recommended and available for spouses experiencing extended periods of separation (deployment, NTC, TDY, etc.).

Military Family Life Consultants (MFLC)

Phone ACS: 760-835-2387
ACS: 760-218-6171
ACS: 760-499-4261
916th: 760-221-8982
1th ACR: 760-220-1111
Lewis Elementary: 760-267-4781
Tiefort View Intermediate: 760-499-4258
Fort Irwin Middle School: 760-267-4779
Silver Valley High School: 760-499-4259 CYSS: 760-237-3201
Website http://www.irwin.army.mil/Community/Pages/MilitaryFamilyLifeConsultants.aspx
Description: The goal of a Military Family Life Consultant (MFLC) is to prevent Family distress by providing education and information on Family dynamics, parenting strategies, available support services, the effects of stress, and positive coping mechanisms. MFLCs provide anonymous and confidential assistance to Soldiers and their Families in problem solving issues resulting from deployment, reunions, reintegration, and/or other times of change.

Family Life Center Chaplain

Phone 760-380-4664/4807 Emergency (EOC) at 760-380-3750
Location 320 First Street, Fort Irwin, CA 92310

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Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
http://www.irwin.army.mil/Community/Chapel/Pages/StaffCenterChapel.aspx
Description: The Family Life Chaplain is a trained therapist who understands how essential it is to be heard. The Chaplain's highest priority is to guard your dignity and your right to privacy. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

MILITARY ONESOURCE COUNSELING SERVICES

1-800-342-9647
https://www.militaryonesource.com
Description: Military OneSource offers three kinds on short-term, non-medical counseling options to Active-duty, Guard, and Reserve member and their Families. Military OneSource counseling services are designed to provide service help with short-term issues such as adjustments to situational stressors, stress management decision making, communication, grief, blended Family issues and parenting skills issues. Counseling sessions can be arranged face-to-face, telephone consultation or online consultations.

FAMILY READINESS GROUP

Website: http://fortirwinfmwr.com/2013/03/family-readiness-group-frg-trainings/ Description: A FRG is a Command sponsored organization of all assigned Soldiers (married and single), DA civilians, volunteers and their Families (immediate and extended) that together provide mutual support and assistance and a network of communications between Family members, the chain of command, and community resources. Please call 760-380-5165 for information regarding an FRG contact. FRGs wishing to conduct a fundraiser must: -Be registered with ACS using a specific registration form and the form must be renewed after one year or when there is a change. Please call 760-380-5165 for information regarding the FRG registration/fundraiser form.

Supplemental Nutrition Assistance /Food Assistance

FAMILY LIFE CENTER CHAPLAIN

Phone 760-380-4664/4807 Emergency (EOC) at 760-380-3750
Location 320 First Street, Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
Website http://www.irwin.army.mil/Community/Chapel/Pages/StaffCenterChapel.aspx
Description: The Family Life Chaplain is a trained therapist who understands how essential it is to be heard. The Chaplain's highest priority is to guard your dignity and your right to privacy. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

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CALFresh

Website http://www.calfresh.ca.gov/
Application http://www.calfresh.ca.gov/entres/forms/english/DFA285A1.PDF
The U.S. Food Stamp Program Video http://www.youtube.com/watch?v=aqOV-hK0sP4
Description: The CalFresh Program, federally known as the Supplemental Nutrition Assistance Program (SNAP), can add to your food budget to put healthy and nutritious food on the table. The program issues monthly electronic benefits that can be used to buy most foods at many markets and food stores. The CalFresh Program helps to improve the health and well-being of qualified households and individuals by providing them a means to meet their nutritional needs.

211

Phone
24/7 Consultation: dial 2-1-1 or 888-435-7565
San Bernardino Office**:** 909-980-2857
Location Inland Empire United Way Rancho Cucamonga, CA
Hours of Operation Phone Consultation 24/7
Website http://www.211sb.org/
Description: 2-1-1 is a free phone number and online database that connects Californians quickly and effectively to existing health and human service programs, joblessness support and disaster response information in their communities. It is available 24 hours a day, 7 days a week and in 150 different languages. Currently, 92 percent of the state's population in 27 counties has access to 2-1-1. Nationally, 2-1-1 covers 80 percent of the US population. 2-1-1 information and referral providers connect people of all income levels and language and cultural backgrounds to resources tailored to their needs and circumstances, taking into account accessibility, eligibility requirements and other factors through live assistance from certified I & R specialists or online.

Weed Army Nutrition Health Services

Phone 760-380-3178
Location Bldg 166 4th Street, Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
Description: The Weed Army Nutrition Health Services offers Dietary Assessments, Weight Management, Diabetes Education, Hypertension and Cholesterol Management, AD Weight Control.
Website: http://www.irwin.amedd.army.mil/pages/medicalServices/NCD_index.html.

Women, Infant, and Child (WIC)

Phone 1-800-472-2321
Location Fort Irwin Office: Bldg 1317 Rm 9 Normandy Dr. Fort Irwin, CA 92310; Barstow: 301 E Mt. View Ave, Ste. A Barstow, CA 92311.
Hours of Operation Ft. Irwin Office: 1st Wednesday and the first four Thursdays of the month from 0830-1600. Barstow Office: Every other Monday 8:30-6:00, Tuesday 9:30-6:00, Wednesday (when not providing services in Ft. Irwin) 7:30-5:00, and Friday 7:30-5:00pm.

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Description: Increase the nutritional education of populations within the community. Eligibility is based on family size, income and nutritional risk. If eligibility is met, pregnant, breastfeeding, and post partum women and children under 5 years old.
Website: http://fortirwinfmwr.com/army-community-services/soldier-family-assistance-center/wic/.

Survivor Outreach

Casualty & Mortuary Affairs

Phone (760) 380-4036 Benefits Coordinator (760) 380-5137 Fax (760) 380-3094, DSN: 470-3094
After Hours (760)380-3750 (Staff Duty Officer)
Location Bldg 107, Room 113 Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday-Wednesday 1:00 PM– 4:00 PM Friday Thursday Closed & All Federal Holidays
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/CasualtyandMortuaryAffairs.aspx
Description: The Army Casualty Assistance Office is a subordinate office of the Fort Hauchuca, Casualty Assistance Center; Our mission is to assist Army families both active and retired in their time of bereavement. Upon the death of an active duty Army Soldier, Soldiers dependent, Army Retirees, or anyone who previously served in the Army, the following information should be provided telephonically to the Casualty Officer. Full name Social security number Rank Unit (active duty only) Circumstances surrounding the death Next of Kin (NOK) information.

Survivor Outreach Services

Phone 760-256-1735
Location Bldg 512 Barstow Road Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Fort Irwin MWR American Widow Project http://www.americanwidowproject.org/
Gold Star Wives of America http://www.goldstarwives.org/
Description: Losing a loved one is one of the most difficult things anyone can go through. In its commitment to the Families of the Fallen, the United States Army has developed a comprehensive Survivor Outreach Services (SOS) Program. The mission of the Survivor Outreach Services (SOS) is to provide long-term support to Families of our Fallen Soldiers by offering assistance with any concerns or issues, providing information on services and programs, and connecting Families to outreach organizations both inside and outside the Department of Defense.

Family Life Center Chaplain

Phone 760-380-4664/4807 Emergency (EOC) at 760-380-3750

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Location 320 First Street, Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
Website http://www.irwin.army.mil/Community/Chapel/Pages/CollectiveProtestant.aspx
Description: The Family Life Chaplain is a trained therapist who understands how essential it is to be heard. The Chaplain's highest priority is to guard your dignity and your right to privacy. We provide therapy in the following areas: Marriage problems; Combat related left-overs; Spiritual struggles; Parent-child conflicts; Personal adjustment difficulties; Grief; Infidelity; Low self-esteem; Family problems; Divorce issues; Crisis events; and Blended families.

Tragedy Assistance Program for Survivors

Phone 1-800-959-TAPS (8277)
Website http://www.taps.org/
Description: Taps provides ongoing emotional help, hope, and healing to all who are grieving the death of a loved one in military service, regardless of relationship to the deceased, geography, or circumstance of the death. TAPS meets its mission by providing peer-based support, crisis care, casualty casework assistance, and grief and trauma resources.

Fort Irwin Fitness

Freedom Fitness Center

Phone 760-380-3685
Location Bldg 362, 3rd Street Fort Irwin, Ca 92310
Hours of Operation See Website for hours
Website http://fortirwinfmwr.com/recreation-2/freedom-fitness-center/
Description: Freedom Fitness Center offers a wide variety of equipment for those of you wanting to keep fit at Fort Irwin! The main gym is equipped with a newly-renovated, legal-size, collegiate basketball court, cardio room, two newly-renovated racquetball courts, free-weight room and two body master rooms. The cardio room features state-of-the-art equipment including treadmills, stair steppers and climbers that have Club FM audio/visual system, recumbent bikes, rowing machines and elliptical machines. The men's and women's locker rooms are equipped with showers and newly-renovated saunas. Freedom Fitness Center has equipment available to check out including basketballs, racquetball supplies, softballs, soccer balls, footballs, boxing equipment and tennis supplies. Programs offered include Boxing Competitions, Power-lifting Competitions and other intramural sports.

Memorial Fitness Center

Phone 760-380-7715
Location Bldg 322, 2rd Street Fort Irwin, Ca 92310
Hours of Operation See Website for hours
Website http://fortirwinfmwr.com/recreation-2/memorial-fitness-center/
Description: Memorial Fitness Center is a state of the art fitness facility featuring all the latest equipment and machines, including a cardio theater system, surround sound, big screen TVs, and two assessment rooms for personal training sessions. This facility was renovated in 2008 to better serve the fitness needs of the Fort Irwin Community. Outdoor sports fields and facilities including a four-field

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softball complex, volleyball and basketball courts and multi-purpose fields are also available around post.

Fitness Connection

Phone 760-380-7242
Location Bldg 127, 1st Street Fort Irwin, Ca 92310 Hours of Operation See Website for hours & schedule
Website http://fortirwinfmwr.com/recreation-2/fitness-connectio/
Description: Fitness Connection offers indoor roller skating/rollerblading, showers, lockers, saunas, indoor volleyball and a indoor rock climbing wall. There is a charge for the rock wall depending on usage. Bring your own skates or use ours for a small fee. Plan your party with us today and use our party room. Our party menu fits any occasion. We offer a variety of special events, including weekend parties, Friday night youth dances, and an annual Health and Fitness Expo. Find them on Facebook and "Like" them today! Note: In accordance with Fort Irwin Parental Supervision Policy, children younger than 6th grade must be accompanied by a parent or guardian in post facilities.

Group Exercise Facility

Phone 760-380-7715/7720
Location Bldg 322, 2rd Street Fort Irwin, Ca 92310 Behind Memorial Fitness Center
Hours of Operation See Website for hours & schedule
Website http://fortirwinfmwr.com/group-exercise-facilityaerobics/
Description: The Group Exercise Facility is a state of the art facility and conducts all the popular classes including cycling, step, yoga, boot camp, kick box cardio, and much more! See the current schedule online.

Weight Management

Weed Army Nutrition Health Services

Phone 760-380-3178
Location Bldg 166 4th Street, Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday
Description: The Weed Army Nutrition Health Services offers Dietary Assessments, Weight Management, Diabetes Education, Hypertension and Cholesterol Management, AD Weight Control.

Garrison Civilian Fitness Program

Phone 760-380-4020
Location Bldg 106, Room 12 Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday-Friday
Description: Civilian employees of the US Army Garrison (USAG) are authorized to participate in an employee fitness program. The goal of this program is to promote the health of the work force through voluntary participation in health and fitness activities. This program is applicable to all USAG Fort Irwin and the NTC civilian employees. The Civilian Fitness Program allows you to work-out up to 3 hours a

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work week during a 6 month long program. Civilian employees can register at any time and there is no cost to the participant.

FORSCOM CIVILIAN FITNESS PROGRAM

Phone 760-380-6943
Location Bldg 988 Inner Loop Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday-Friday
Website
http://www.irwin.army.mil/CommandGroupUnits/NTCcommand/G8/Pages/CivilianWellness.aspx
Description: Allows Full Time DA Civilian employees to use up to 3 hours of their workweek in physical training for a one-time 6 month period.

Animals/Boarding

ANIMAL KENNEL SGT. FUZZBUDDY

Phone 760-380-7387
Location Bldg. 978 Inner Loop Fort Irwin, CA 92310 (Across the parking lot from the PX.)
Hours of Operation Admin Office: 8:00 AM – 5:00 PM, Monday-Sunday 365 days a year.
Website http://www.sgtfuzzbuddy.com/Home_Page.html
Description: The barracks at Sgt. Fuzzbuddy's is a newly renovated, state of the art, climate controlled facility. Different size kennels matched to the size of your dog allows the most comfortable living quarters possible. With our extra-long shaded outdoor runs your best friend will have lots to do during the daylight hours. Run and bark, run and bark, run and bark .... seems to be the favorite game here at Sgt. Fuzzbuddy's. Oh ... we even have water-misters over the runs for those hotter days. After taps, a quiet lights-out atmosphere will sooth your pup to sleep. Rates can be found on their Website.

FORT IRWIN VETERINARY SERVICES

Phone 760-380-3025 Emergency 760-217-3853
Location Bldg. 977 Critter Pathway Fort Irwin, CA 92310 (Across the parking lot from the PX.)
Hours of Operation 8:30 AM – 4:30 PM, Monday-Friday
Website http://www.irwin.army.mil/Community/VetService/Pages/default.aspx
Description: The Fort Irwin Veterinary Treatment Facility (VTF) is located on Critter Pathway, directly across the parking lot from the Commissary and PX. Due to the remote nature of Fort Irwin, the VTF is one of only four full-service veterinary clinics within CONUS. Services offered include vaccinations, routine sick call, elective and necessary surgery, radiology, after hours emergency care, and basic medicine and husbandry of exotic patients. Services are also extended to include basic care for privately owned horses. The post veterinarian is also available for your questions on animal health related issues. Veterinary personnel are also available to assist you with requirements for your next move, be it CONUS or OCONUS. We will be happy to assist you with your privately owned animals but our primary focus is on government owned animals.

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VICTOR VALLEY ANIMAL PROTECTIVE LEAGUE

Phone 760-247-2102
Location 21779 Zuni Road Apple Valley, CA 92307
Hours of Operation 9:00 AM – 4:30 PM, Tuesday-Friday Saturday 9:00 AM – 2:30 PM
Website http://www.vvapl.com/index.php?page=1
Description: The Victor Valley Animal Protective League's mission is to provide and maintain a safe, clean, humane environment for the unwanted animals in the Victor Valley communities. To assure that the animal's stay will be as comfortable as possible. It is expected that animals will be treated with humane respect and care. No abuse will be tolerated. .

Casualty Assistance

CASUALTY & MORTUARY AFFAIRS

Phone (760) 380-4036 Benefits Coordinator (760) 380-5137 Fax (760) 380-3094, DSN: 470-3094
After Hours (760)380-3750. (Staff Duty Officer)
Location Bldg 107, Room 113 Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday-Wednesday 1:00 PM– 4:00 PM Friday Thursday Closed & All Federal Holidays
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/CasualtyandMortuaryAffairs.aspx
Description: The Army Casualty Assistance Office is a subordinate office of the Fort Hauchuca, Casualty Assistance Center; Our mission is to assist Army families both active and retired in their time of bereavement. Upon the death of an active duty Army Soldier, Soldiers dependent, Army Retirees, or anyone who previously served in the Army, the following information should be provided telephonically to the Casualty Officer. Full name Social security number Rank Unit (active duty only) Circumstances surrounding the death Next of Kin (NOK) information.

ID/CAC Card Processing

MILITARY PERSONNEL DIVISION (IDENTIFICATION/DEERS)

Phone (760) 380-3100 (760) 380-2348 Location Building 106, Inner Loop Road and Langford Lake Fort Irwin CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday, Tuesday, Wednesday and Friday 1:00PM -4:00PM Thursday Closed Everyday from 1200PM-1:00PM Closed All Federal Holidays
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/DEERSIDCards.aspx
Description: We ensure enrollment in the Defense Enrollment Eligibility Reporting System (DEERS), and provide Common Access Cards (CAC) and/or Official Identification Cards to Soldiers, Family Members,

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Retirees as well as Civilian and Contract Employees working on Fort Irwin/& Surrounding Area. Provide excellent Customer Service.

Housing & Lodging

ON-POST HOUSING

Phone RCI Housing Services Liaison: 760-380-3576
Location 4553 Tippecanoe Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 5:00 PM, Monday-Friday Closed All Federal Holidays
Website http://www.irwin.army.mil/Community/HousingRCI/Pages/default.aspx
Email irwinmessages@pinnaclefamily.com
Description: The Villages at Fort Irwin offers one, two, three, and four bedroom homes to families and senior unaccompanied personnel stationed at Fort Irwin. Owned and operated by California Military Communities LLC, a joint venture between Clark, Pinnacle, and the U.S. Army, the Villages at Fort Irwin has been undergoing construction and renovation since 2004. Over 700 new homes designed specifically for Army family life, renovated homes featuring EnergyStar appliances and upgraded kitchens, and new amenities including a 25,000 SF Community Center with resort-style pool and Splash Park make this self-contained community an exceptional place to call home.
For information on assignments, wait lists procedures, floor plans, and policies contact Pinnacle at (888) 828-4144 or visit them at their website at: http://irwin.pinnaclefamilyhousing.com/.

SINGLE SOLDIER HOUSING

First Sergeant's Barracks Program (FSBP)

Phone Service Order Desk 760-380-9372 Office Manager 760-380-3548
Location Building 312 E Ave Fort Irwin, Ca, 92310
Hours of Operation 8:00 AM – 3:30 PM, Monday-Friday
Website http://www.irwin.army.mil/Newcomers/Pages/First-Sergeants-Barracks-Program.aspx
Description: First Sergeants Barracks Program (FSBP) is part of the Army plan to improve the quality of life for Single Soldiers, and to standardize the management of barracks Army wide. It takes the responsibility of maintaining daily operations away from assigned units, and puts it on garrison staff in a style similar to property and apartment management offices. Goals of this program include improving barracks utilization, managing vacant barracks space during deployment, reducing maintenance response time, decreasing building damages and extending the life of the facilities. This improves the quality of life for Soldiers and is a proven cost saver for the Army by consciously taking better care of the barracks and reducing payments for basic allowance for housing to Single Soldiers.

LANDMARK INN

Phone 760-386-4040
Location Building 39 Inner Loop Fort Irwin, Ca, 92310
Hours of Operation See the website for hours.
Website http://www.irwin.army.mil/Newcomers/Pages/Lodging.aspx

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Description: The Landmark Inn is located on the installation and is the only hotel within 35 miles of Ft Irwin. The Landmark Inn features a courtyard with bbq facilities and a playground, free deluxe continental breakfast daily, business center and a guest laundry room. All rooms have a refrigerator, microwave, iron, ironing board, blow dryer, free wired and wireless internet. PCS, TDY and government discounts available. You must have a copy of your orders or a government issued credit card to qualify for discounts and tax exempt status. Smoking, non-smoking, handicapped, suites, one or two bedded rooms available. Please reserve your room early as availability may be limited. All reservations must be booked with a valid credit card to secure your room. All credit cards approved at 6pm day of arrival. Valid ID required. If you need to cancel your reservation you must do so at least 24 hours in advance to avoid a charge. No shows charged one night, no tax. All major credit cards accepted. Check in at 3pm check out at noon.

Inspector General

Installation Office of the Inspector General

Phone 760-380-3038/3039 Fax: 760-380-5236
Location Building 988A P.O. Box 105026 Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday, Tuesday, Wednesday, Friday 8:00 AM – 1:00 PM, Thursday
Description: The Inspector General Office provides Assistance, Inspections, Investigations and Teach & Training for all military personnel, Department of the Army workforce, and civilians that may affect the Army's image, readiness, or procedural processes.

MEDDAC Office of the Inspector General

Phone 760-380-2419
Location Bldg 248A Barstow Rd. and Third St., Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday-Friday
Description: All civilian and military personnel have the right to present complaints, grievances or requests for assistance to the Inspector General's (IG). WACH has an acting IG available with whom you can make an appointment. Before visiting the IG, you should consider whether your concerns can be addressed more quickly and simply by referring them to your supervisor or chain of command first.

Legal

Legal Assistance

Phone (760) 380-5321 Fax: (760) 380-5034
Location Building 288, Barstow Road.

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Mailing Address Office of the Staff Judge Advocate ATTN: Legal Assistance P.O. Box 105072 Fort Irwin, CA 92310 **DO NOT use this address for a service of process**
Hours of Operation Monday, Tuesday, Wednesday and Friday: 8:00 AM – 4:00 PM Thursday: 1:00 PM – 4:00 PM we are closed on all Federal Holidays and have limited availability on training holidays.
Website http://www.irwin.army.mil/Community/OSJA/Pages/AdministrativeLaw.aspx
Description: The Fort Irwin Legal Assistance Office provides advice and assistance to Soldiers, family members, and retirees. Legal assistance attorneys and staff review correspondence to or from government agencies, private businesses, or private individuals on behalf of clients. Additionally, we provide notary services, negotiate legal disputes with third parties, prepare or review legal documents including, but not limited to, wills, powers of attorney, bills of sale, affidavits, leases, promissory notes, adoption proceedings, name changes, and separation agreements. We also prepare or review petitions to the Army Review Boards Agency, rebuttal statements or appeals for FLIPLs, Officer/NCO Evaluation Reports, and administrative reprimands or other documents in connection with military administrative actions. Legal Assistance attorneys will not appear in civilian courts or give advice concerning private income-producing activities. Appointments for legal services can be made by phone or in person. Powers of Attorney and notary services are available on a walk-in basis during normal business hours. Wills are usually scheduled for Tuesdays. Friday morning we accept appointments on a first come first serve walk-in basis.

Office of Soldier's Council

Phone(253)-968-4441/4442 Fax: 253-968-4439
Email max.peb@amedd.army.mil
Mailing Address Bldg R-9905, Madigan Bypass Road JOINT BASE LEWIS-McCHORD, WA 98431
Hours of Operation 8:00 AM – 5:00 PM, Monday-Friday 2:00 PM – 4:00 PM, Wednesday, at JBLM SFAC
Description: To provide timely and beneficial legal counsel to Soldiers undergoing the Medical Evaluation Board process and zealous, ethical, and effective representation and advocacy to Soldiers before the U.S. Physical Evaluation Board and related processes.

Police/Fire department

Fort Irwin Police Department, Directorate of Emergency Services

Phone Police Dispatch: 760-380-4444/4400
Police Desk Sergeant: 760-380-2707
Emergency: 911
Crime Stopper: 760-380-7493
Location Bldg 326, Barstow Road, Fort Irwin, California, 92310
Hours of Operation Dispatch 24/7 Administrative Offices 8:00 AM – 4:30 PM, Monday-Friday
Website http://www.irwin.army.mil/CommandGroupUnits/USAG/MPco/Pages/default.aspx
Description: The Fort Police Department provides 24-hour law enforcement, force protection, and community assistance to Commanders, Soldiers, Family members, Civilians and guests of Fort Irwin.

Fire Department Information & Resources

Phone 760-380-2584

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Location Building 6101, South Loop Road Fort Irwin, Ca 92310
Hours of Operation 8:00 AM – 4:00 PM, Monday- Friday
Website
http://www.irwin.army.mil/CommandGroupUnits/USAG/Safety/Pages/FirePreventionBureau.aspx
Description: The fire department is an all-risk organization that responds to a wide variety of emergency situations including structural firefighting, advanced life support, traffic accidents, wild land firefighting, hazardous materials, WMD, technical rescue, swift water rescue, aircraft rescue firefighting, armored vehicle firefighting, confined space rescue, trench rescue, fire prevention, fire investigation, and public education.

Fire Station Tours

Fort Irwin Fire Department responds to emergencies from two fire stations on Fort Irwin and one fire station at Barstow Daggett Airport. Fire Station 1 is located on Langford Lake Road near the Commissary. Station 2 is located on the corner of Barstow Road and South Loop Road. Station 3 is at the Army Aviation Maintenance Complex at Barstow Daggett Airport. Fire Station Tours can be arranged by calling 760-380-2584.

9-1-1 Emergency Dispatch – Building 326

Fort Irwin has an enhanced 911 Public Safety Answering Point. 911 can be dialed from all 380 and 386 prefixes as well as cell phones in the Cantonment area. 911 calls from the box will be routed to the nearest cell tower and may go to the California Highway Patrol rather than the Fort Irwin Emergency Dispatch Center. The seven digit emergency line for Police is 380-4444 and for Fire is 380-3495.

Fire Safety Education

The Fire Prevention Office can present a variety of fire safety educational programs for all members of the Fort Irwin community. From pre-schoolers to soldiers, the prevention staff instructs students on Exit Drills in the Home, Cooking fire safety, fire extinguisher use, holiday fire safety and much more. Contact the Fire prevention office at 760-380-6844 for more information.

Fire Inspections

All facilities on Fort Irwin are required to be inspected for fire safety at pre-determined intervals in accordance with NTC 420-2. Each facility is also required to have a trained Building Manager. To obtain a fire inspection or attend a building manager class, contact Fire Prevention at 760-380-6844.

Juvenile Fire Setter Program

The fire department has a juvenile fire setter program to provide guidance to parents and children who may have fire setting issues or concerns. Contact the fire prevention office at 760-380-6844 for more information.

Fire Investigations

All fires must be investigated to determine the cause and origin in accordance with NTC 420-2. In the event of fire call 9-1-1 immediately even if one thinks the fire has been extinguished. The fire department will respond to ensure full extinguishment to complete the fire investigation as required.

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Fire Explorer Program

The Fort Irwin Fire Department offers a Fire Explorer Program for youth ages 14-21. The program, sponsored by the Boy Scouts of America, provides information, training, and experience in the firefighting field. Fort Irwin also hosts the Inland Empire Fire Explorer Academy each year for over 250 youth representing over 30 fire departments throughout Southern California.

Firefighters Association

The Fort Irwin Firefighters Association is a organization formed by our firefighters to perform a host of charitable works within the community. Contact 760-380-2584 for more information.

Barstow California Highway Patrol

Phone Dispatch: 760-255-8750
Location 300 East Mountain View Barstow, Ca 92311
Hours of Operation 24/7
Website http://www.chp.ca.gov/index.php
Description: The mission of the California Highway Patrol is to provide the highest level of safety, service, and security to the people of California.

Barstow Police Department

Phone Dispatch: 760-256-2211
Location 220 E. Mountain View St, Suite B Barstow, CA 92311
Hours of Operation 24/7
Website http://www.barstowca.org/index.php/city-organization/city-departments/police
Description: The men and women of the Barstow Police Department are committed to enhancing the quality of life in our community. Through honesty, integrity and compassion we will build a partnership with the community to actively achieve positive impacts in the prevention of crime and to safeguard the citizens and guests of our community.

Victorville Police Department

Phone To report an Emergency: 911 To report a non-emergency crime: (760) 245-4211
Location 14200 Amargosa Road Victorville, CA 92392
Hours of Operation 24/7
Website http://cms.sbcounty.gov/sheriff/PatrolStations/Victorville.aspx
Description: We believe in being a high performance, inclusive department with high professional standards of integrity, ethics and behavior -- guided by the letter and spirit of the law, and the law enforcement Code of Ethics. We will relentlessly investigate criminal acts and arrest those guilty of violating the law, while building positive relationships with those we serve.

Safety

Installation Safety

Phone 760-380-5546

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Location Bldg 988B Fort Irwin, CA 92310 Hours of Operation 7:00 AM – 4:30 PM, Monday-Friday

Garrison Safety

Phone Garrison: 760-380-6153
Location Bldg 1206, Normandy Drive Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday-Friday
Website http://www.irwin.army.mil/CommandGroupUnits/USAG/Safety/Pages/default.aspx
Description: The Fort Irwin and National Training Center (NTC) Headquarters Safety Office develops, administers, and maintains the Fort Irwin's safety program in order to safeguard and preserve resources (to include Soldiers, DA Civilians, and Army property) against accidental loss. It establishes risk management (RM) as its principal risk reduction methodology and ensures regulatory and statutory compliance.

Transportation/Automotive

Transportation Office (Inbound and Outbound Personal Property)

Phone Inbound: 760-380-5331 Outbound: 760-380-4252
Location Bldg 105, Langford Lake Road Fort Irwin, CA 92310
Hours of Operation 7:30 AM – 4:30 PM, Monday-Friday
Website http://www.irwin.army.mil/Newcomers/HouseholdGoods/Pages/InboundServices.aspx
Description: Our inbound services section manages all functions related to the tracing, storing and delivery of personal property. Personal Property Arrival Upon arrival of your personal property, we will make every effort to contact you before we place your property in storage. If you would like to verify whether your household goods are in or not you can. Call one of our transportation agents at COMM: 760-380-5331, DSN: 470-5331 between the hours of 0730-1630.

Auto Craft Shop

Phone 760-380-3531
Location Bldg 910, Langford Lake Road Fort Irwin, CA 92310
Hours of Operation 4:00 PM– 9:00 PM, Monday-Friday 10:00 AM-700 PM Sat/Sun
Website http://fortirwinfmwr.com/recreation-2/auto-craft-shop/
Description: The Auto Craft Shop is an eight bay, Do-It-Yourself Automotive Repair Shop. The shop has a wide range of hand and power tools for tune-ups, minor repairs, and adjustments. The shop also has manuals for most makes of cars and trucks. Check out video night for the mechanic that wants to learn more. A friendly staff is on duty to assist and give advice. Adjacent to the shop is a 3 bay car wash with a new vacuum system, a dry shampoo system and car care supplies. If you have any problems with the car wash or vacuum, call the Auto Craft Shop.

Firestone Conversions

Phone 760-386-3399
Location Bldg 910, Langford Lake Road Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 5:00 PM, Monday-Friday Closed, Sat/Sun

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Website http://www.shopmyexchange.com/ExchangeLocations/FtIrwinStore.htm
Description: Tires, vehicle services, repair and Smog.

NTC Commuter (Victor Valley Transit Authority)

Phone 760-948-4021 For Route: 760-948-3030
Location 17150 Smoketree Street Hesperia, CA 92345
Hours of Operation 8:00 AM – 5:00 PM, Monday-Friday
Website http://vvta.org/ntccommuter.html
Description: The Victor Valley Transit Authority NTC Commuter provides transportation from Victorville, Silver Lakes, and Barstow to Fort Irwin. Please see the Website for a complete run schedule with departure and arrival times.

Mass Transportation Benefits Program

Phone 760-380-3337/4614
Location Bldg 988 Inner Loop Fort Irwin, CA 92310
Hours of Operation 7:30 AM – 4:00 PM, Monday-Friday
Website
http://www.irwin.army.mil/CommandGroupUnits/NTCcommand/G8/Pages/MassTransportation.aspx
Description: The Mass Transportation Benefits Program is for all DOD employees – military, civilian, and NAF only.

DMV Office Barstow

Phone 1-800-777-0133
Location 528 East Virginia Way Barstow CA 92311
Hours of Operation 8:00 AM – 5:00 PM, Monday, Tuesday, Thursday, Friday 9:00 AM – 5:00 PM, Wednesday
Website http://www.dmv.com/ca/california/dmv-office/barstow
Description: Driver's License, Identification Cards, Written Test, Road Test, Registration, Titling and Vehicle Plates.

Medical Services

TRICARE Services

Phone 1-877-TRICARE (1-877-874-2273)
Website http://www.tricare.mil/
Description: TRICARE is the health care program serving Uniformed Service members, retirees and their families worldwide.

Tobacco Cessation Program

Phone Local Office 760-380-6027, TRICARE Tobacco Cessation Quitline- 1-888-713-4597
Location Bldg 172 4th Street, Fort Irwin, CA 92310
Hours of Operation

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Monday: 0730-1200; 1300-1600
Tuesday: 0830-1200; 1300-1600
Wednesday: 0730-1200; 1300-1600
Thursday: 0830-1200; closed in afternoon for training
Friday: 0730-1200; 1300-1600
Closed Federal Holidays and MEDDAC training holidays
Website Fort Irwin: http://www.irwin.amedd.army.mil/pages/medicalServices/PopulationHealth.html
Tricare: http://www.tricare.mil/LiveWell/Tobacco/Quitlines.aspx
Description Community Health Nurse provides group and individual Tobacco Cessation counseling. Call the number above to schedule an appointment.

WEED ARMY COMMUNITY HOSPITAL

Phone 760-380-3114
Location Bldg 166 4th Street, Fort Irwin, CA 92310
Website www.irwin.amedd.army.mil
Description: Provides a variety of coordinated high quality and accessible Health Services to Beneficiaries to Improve the Health of the Community and Ensure a Ready Adaptive Force.

EXCEPTIONAL FAMILY MEMBER PROGRAM WEED ARMY HOSPITAL

Phone (760) 380-3159
Location Bldg 170, Blue Team, Room 124 Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 3:30 PM, Monday- Friday
Website http://www.irwin.amedd.army.mil/pages/medicalServices/EFMP.html enrollees must ensure the military treatment facility (MTF) has the resources needed to accommodate their special needs prior to Fort Irwin arrival. Weed Army Community Hospital is located approximately 40 miles from Barstow. Travel time is approximately 45 minutes to one hour. Specialty medical services are extremely limited in Barstow. Other options for TRICARE Specialty Care are Victorville, located approximately 70 miles from Fort Irwin and Loma Linda University Medical Center which is approximately 120-miles one-way. Most Pediatric Specialty providers are at the minimum distance of 120 miles one-way.

MARY E. WALKER CENTER

Phone 760-380-7343
Location Bldg 170 Inner Loop Rd Fort Irwin, CA 92310
Website: http://www.irwin.amedd.army.mil/pages/medicalServices/MWC.html
Description: Provides a broad range of comprehensive services to Beneficiaries. Visit the website for a complete listing of available services.

WEED ARMY BEHAVIORAL HEALTH SERVICES

Phone 760-380-3631/7367
Location Bldg 170 Inner Loop Rd Fort Irwin, CA 92310
Hours of Operation 7:30 AM – 4:30 PM, Monday-Friday
Website: http://www.irwin.amedd.army.mil/pages/medicalServices/DMH_index.html

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Description: Services to Family Members, Child and Adolescent Services, Group sessions: Anger Management, Coping Skills and SNCO Support Group.

WEED ARMY NUTRITION HEALTH SERVICES

Phone 760-380-3178
Location Bldg 166 4th Street Fort Irwin, CA 92310
Website http://www.irwin.amedd.army.mil/pages/medicalServices/NCD_index.html
Description: Offering Dietary Assessments, Weight Management, Diabetes Education, Hypertension and Cholesterol Management, AD Weight Control.

WEED ARMY LABOR AND DELIVERY / MOTHER BABY UNIT

Phone 760-380-3185
Location Bldg 166, Room #296, 4th Street Fort Irwin, CA 92310
Website http://www.irwin.amedd.army.mil/pages/medicalServices/MBU_index.html
Description Labor & Delivery / Mother-Baby Unit is a 6-bed unit, providing comprehensive quality care for ante-, intra-, and postpartum patients, newborn infants, and their families. Pregnancy tests are ordered by the OB clinic and patients must come into the clinic with their ID cards for pregnancy order and results. Pregnancy results are provided M, W & F 0800 - 1000 and 1300 - 1600. Test ordered in the a.m. will have results ready in the afternoon. Tests ordered in the afternoon will have to return on the next open clinic day to obtain test results. Unfortunately we are unable to give lab results over the phone. Scope of Services: Expectant Parent Class, Antepartum testing, Amniocentesis, Inductions, Epidural Services, Normal Vaginal Deliveries, Cesarean Section, Vaginal Birth after C/Section (VBAC), Postpartum Recovery, Newborn Transition, Couplet Care, Breastfeeding Support, and Car Seat Safety.

Weed Army OB/GYN Clinic

Phone 760-380-0613
Location Bldg 166, 4th Street Fort Irwin, CA 92310
Website http://www.irwin.amedd.army.mil/pages/medicalServices/OBGYN_index.html
Description: Provides high quality health care to pregnant women and women with gynecological related issues. Offers Childbirth Education, Lactation Classes, and Breastfeeding Support Group.

Weed Army Physical Therapy Clinic

Phone 760-380-6862
Location Bldg 166, 4th Street Fort Irwin, CA 92310
Website http://www.irwin.amedd.army.mil/pages/medicalServices/PT_index.html
Description: The physical therapy department evaluates and provides treatments for a variety of problems including pre/post-operative care, chronic or acute injuries to the spine, muscles and joints.

Dental Services

TRICARE DENTAL PROGRAM

Phone CONUS: 1-855-638-8371 OCONUS: 1-855-638-8372 TDD/TTY: 1-855-638-8373

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Website http://www.tricare.mil/Dental/TDP.aspx
Description: The TRICARE Dental Program is a voluntary, premium-based dental insurance plan for: Family members of active duty service members, Family members of National Guard/Reserve members, and National Guard/Reserve Members who are not on active duty or covered by the Transitional Assistance Management Program (TAMP) after serving on active duty for more than 30 consecutive days in support of a contingency operation.

Shuttleworth Dental Clinic

Phone 760-380-3166
Location Building 171 4th Street Fort Irwin, California 92310
Hours of Operation 7:00 AM– 5:00 PM, Monday-Friday
Website http://www.irwin.amedd.army.mil/DENTAC/tools/contacts.html
Description: Active Duty Soldiers Only.

Dental Clinic 1

Phone 760-380-3196
Location Building 478 3rd Street Fort Irwin, California 92310
Hours of Operation 7:00 AM– 5:00 PM, Monday-Friday
Website http://www.irwin.amedd.army.mil/DENTAC/tools/contacts.html
Description: Family Members & Pediatric Welcome.

Military Transition

Army Career & Alumni Program (ACAP)

Phone 760-380-5644 24 hr Transition Hotline: 1-800-325-4715
Location Bldg. 111 (Corner of Langford Lake & Avenue B) Fort Irwin, CA 92310
Hours of Operation 7:30 AM – 4:30 PM, Monday- Thursday 7:30 AM – 12:00 PM Friday
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/ACAP.aspx
ACAP Online https://www.acap.army.mil/default.aspx
Description: ACAP was created to help members of the Army, Army civilian employees, and their families to be successful in their transition from federal service. As one of your transition resources, ACAP offers a wide range of information and resources to help you succeed after federal service.

Family Employment Readiness Program

Phone 760-380-5165 24 hr Transition Hotline: 1-800-325-4715
Location Building 109, Langford Lake Rd Fort Irwin, CA 92310
Hours of Operation 8:00 AM – 4:30 PM, Monday- Friday Closed 12:00pm - 1:00pm
Website http://fortirwinfmwr.com/army-community-services/employment-readiness-program/
Description: ERP offers assistance for employment and a job information board. General information is available on a walk-in basis. Personalized counseling and resume assistance is available by appointment only.

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In/Out Processing

Replacement Detachment

Phone 760-380-4747/9095
Location Bldg 109, Fort Irwin, CA 92310
Hours of Operation Open 24 hours a day/7 days a week
Website http://www.irwin.army.mil/Newcomers/Pages/AGReplDet.aspx
Description: Soldiers arriving by plane, should check in with the airport USO regarding transportation information and contact the NTC Replacement Detachment with any questions. Contact the NTC and Fort Irwin Replacement Detachment at commercial (760) 380-4747/9095 or DSN 470-4747/9095.

In-Processing

Phone 760-380-8901
Location Bldg 108, 1st Street Fort Irwin, CA 92310
Hours of Operation 0900 - 1200 & 1300 - 1530 Monday, Wednesday, Friday 1300-1600 Tuesday, Thursday Closed for lunch 1200 - 1300 Closed All Federal Holidays
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/In-Processing.aspx
Description: We work as a team to reflect competence and confidence when servicing our customers; providing professional, quality personnel Service Support with a positive attitude in the areas of updating DD Form 93, SGLV 8286, ERB/ORB updates, and DA1506, Computation of Service, to the Soldiers we service on Fort Irwin.

Out-Processing

Phone 760-380-3885
Location Bldg 108, Room 118 1st Street Fort Irwin, CA 92310
Hours of Operation 0900 - 1200 & 1300 - 1530 Monday, Wednesday, Friday 1300-1600 Tuesday, Thursday Closed for lunch 1200 - 1300 Closed All Federal Holidays
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/TransitionOut-processing.aspx
Description: To ensure expedient Out-processing, your approved leave for and Request for Orders (RFO) must be provided to the Transition section as soon as possible.

Veteran Services

Fort Irwin Veteran Affairs

Phone 760-252-6257 760-995-8020
Location Bldg. 111 (Corner of Langford Lake & Avenue B) Fort Irwin, CA 92310
Hours of Operation Call for next available date
Website http://www.irwin.army.mil/ArmyCivilians/DHR/Pages/ACAP.aspx

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Description: The U.S. Department of Veterans Affairs offers a wide range of benefits including disability benefits, education benefits, training benefits, vocational rehabilitation and employment, home loans, burial benefits, survivor and Family member benefits, life insurance and healthcare.