

# The Nature of My Problem Is:

Marital/Family Issues	Child Care/Child Abuse	Healthcare	Legal/Financial	Basic Needs	Emergency
<p><b>*Behavioral Health Mary E. Walker</b>-assists soldiers and individuals cope more effectively with emotional stress (760) 380-3631</p> <p><b>*Family Advocacy Program, Victim Advocates</b> – assistance and support to victims of domestic abuse. Prevention and education with classes and trainings for Soldiers and Family members. (760) 380-5467</p> <p><b>*Domestic Violence Hotline</b>-24/7 assistance reporting domestic violence. (760) 267-6792</p> <p><b>*Family Advocacy Program, Social Work Services</b>-provides individual and marriage counseling to Soldiers and Family members. (760) 380-6302</p> <p><b>*Social Work Services Hotline</b>-24/7 assistance reporting domestic abuse. (760) 713-9523</p> <p><b>*Sexual Assault and Prevention Office (SHARP)</b>- assists victims of sexual violence and provides support. (760) 380-2290</p> <p><b>*Sexual Assault Hotline</b> -24/7 assistance reporting sexual assault. (760) 401-3074</p> <p><b>*Military Family Life Consultants (MFLC)</b>- provides anonymous and confidential assistance to prevent Family distress. (760) 499-4261</p> <p><b>*Installation Chaplain</b>-provides assistance and support to individuals and married couples (760) 380-3562/3440</p> <p><b>*Military OneSource Counseling Services</b>-short-term, non medical counseling options to Soldiers and their Families. (800) 342-9647</p>	<p><b>*New Parent Support Program</b>-provides supportive and caring services to Military Families with young children at home. (760) 380-4021</p> <p><b>*Child, Youth &amp; School Services (CYSS)</b>- offers before and after school care and programs for children between 6 weeks and 18 years old. Additionally, CYSS provides team and individual sports, instructional classes, and babysitter referral (760) 380-2257/2270</p> <p><b>*Child Development Center (CDC)</b>-childcare services for infants, toddlers, pre-school. (760) 380-9441</p> <p><b>*School Age Center</b>– offers before and after school child care for K-5th grade (760) 380-4163</p> <p><b>*Family Child Care (FCC)</b>- offers child care option in individual housing. (760) 380-2267/3502</p> <p><b>*Middle School and Teen Center (MST)</b>-provides quality programs meeting the needs of youth grades 6-12 with activities after school, evenings and on Saturdays. (760) 380-3732</p> <p><b>*Army Community Service, Family Advocacy Program (FAP)</b>-prevention and education for child abuse with classes and trainings for Soldiers and Family members. Free childcare provided. (760) 380-4474/5467/2409</p> <p><b>*Family Advocacy Program –Social Work Services</b>-individual and couples counseling with Clinical Social Workers. (760) 380-6302</p> <p><b>*Family Advocacy Program Child Abuse Hotline</b>-24/7 number to report child abuse and neglect (on post). (760) 713-9523</p> <p><b>*Criminal Investigation Division (CID)</b>-investigation of criminal child abuse cases. (760) 380-4967</p> <p><b>*San Bernardino Child Family Services (CFS)</b>-24/7 hotline to report child abuse and neglect (off post). (800) 827-8724</p>	<p><b>*Army Substance Abuse Program (ASAP)</b>- screening, assessment, counseling, and education to civilians, and soldiers. (760) 380-4153</p> <p><b>*Behavioral Health</b>-assists in developing coping skills for emotional stress, such as depression, anxiety to Soldiers and individuals. (760) 380-3631/7367</p> <p><b>*Mary Walker Center</b>- provides a broad range of comprehensive services to beneficiaries. (760) 380-7343</p> <p><b>*Weed Army Community Hospital</b>-health care services to beneficiaries. (760) 380-3114</p> <p><b>*Shuttleworth Dental Clinic</b> -dental services for active duty Soldiers only. (760) 380-3166</p> <p><b>*Dental Clinic 1</b>-dental services for Family members and pediatric welcome. (760) 380-3196</p> <p><b>*Weed Army OB/GYN Clinic</b> -high quality health care for pregnant women and women with gynecological related issues. (760) 380-0613</p> <p><b>*Weed Army Labor and Delivery Unit</b>- providing quality care for ante-, intra-, and post partum beneficiaries. (760) 380-3185</p> <p><b>*TRICARE Services</b>-health care program for Soldiers, retirees and Family members. (877) 874-2273</p> <p><b>*Freedom Fitness Center</b>- offers a variety of equipment for personal fitness training. (760) 380-3685</p> <p><b>*Memorial Fitness Center</b>-fitness facility with the latest equipment. (760) 380-7715</p> <p><b>*Resiliency Center &amp; Wellness Center</b>-offers The Box Fitness Center, free classes, saunas, multi-purpose fitness room for Yoga, Judo and virtual fitness and Fit Foods offering a fitness store and healthy food options. The Army Wellness Center offers free fitness assessments. (760) 380-6488 Resiliency Ctr. (760) 380-7373 Wellness Ctr.</p>	<p><b>*Legal Assistance (JAG)</b>- provides legal advice and assistance to Soldiers, Family members and retirees. (760) 380-5321</p> <p><b>*Tax Center</b>- (January-April)-free assistance for income tax filing. (760) 380-5604</p> <p><b>*Installation Office of the Inspector General (IG)</b>- provides assistance, inspections, investigations to all Military personnel, Soldiers and civilians that may affect procedural processes. (760) 380-3038</p> <p><b>*Army Community Service, Financial Readiness Program</b>- offers budget counseling, financial management readiness training, and interest free loans or grants during emergencies. (760) 380-9194/3513</p> <p><b>*Financial Peace University</b>-voluntary program lead by unit Chaplains. Contact Your Unit Chaplain or the Installation Chaplain (760) 380-3562/3440</p>	<p><b>*Women, Infant, and Child (WIC)</b> - increases nutritional education within the community. (800) 472-2321</p> <p><b>*Military Personnel Division (DEERS)</b> -ensures the provision in the Defense Enrollment Eligibility Reporting System for official identification cards to Soldiers, Family members and civilians. (760) 380-3100</p> <p><b>*Commissary</b>- variety of groceries to buy for Beneficiaries. (760) 380-3560</p> <p><b>*Exchange</b>-a retail department store offering anything that Beneficiaries might need. (760) 386-2060</p> <p><b>*Army Community Service, Exceptional Family Member Program (EFMP)</b>- coordinates community support to Families with special needs. (760) 380-3698</p> <p><b>*Army Community Service, Family Employment Readiness Program</b>-provides employment and resume writing assistance. (760) 380-5165</p>	<p><b>*Fort Irwin Military Police (MP)</b>- 24-hour law enforcement, force protection, and community assistance. (760) 380-4444 or 4400/2707</p> <p><b>*Weed Army Community Hospital</b>-emergency health services to beneficiaries. 911 (Paramedics)</p> <p><b>*Criminal Investigation Division (CID)</b>- investigation of criminal cases such as sexual assault, child abuse and any criminal activity. (760) 380-4967</p> <p><b>*Barstow Police Department</b>-24 hours /7 days, law enforcement in Barstow. (760) 256-2211</p> <p><b>*Barstow California Highway Patrol</b>- 24/7 provision of safety, service, and security in the Highway Patrol. (760) 255-8750</p>