



DEPARTMENT OF THE ARMY
HEADQUARTERS, NATIONAL TRAINING CENTER AND FORT IRWIN
FORT IRWIN, CA 92310-5000

AFZJ-CG

AUG 10 2015

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: NTC Policy #7, Health Promotion, Risk Reduction, and Suicide Prevention (HP/RR/SP) Program

1. PURPOSE: To define the NTC and Fort Irwin policy concerning Health Promotion, Risk Reduction, and Suicide Prevention (HP/RR/SP) Program procedures and policies.
2. APPLICABILITY: This policy applies to all Soldiers, Family members, Department of the Army (DA) Civilians, and units at the National Training Center and Fort Irwin.
3. REFERENCES:
 - a. AR 600-20, Army Command Policy, 6 November 2014.
 - b. AR 600-63, Army Health Promotion, 14 April 2015.
 - c. AR 600-85, Army Substance Abuse Program, 28 December 2012.
 - d. DA PAM 600-24, Health Promotion, Risk Reduction, and Suicide Prevention, 7 September 2010.
 - e. Army Health Promotion, Risk Reduction and Suicide Prevention Report 2010 (The Red Book).
 - f. Army 2020, Generating Health and Discipline in the Force, Ahead of the Strategic Reset, Report 2012 (The Gold Book) .
 - g. HQDA EXORD 037-13, Ready and Resilient Quick Wins, 29 November 2012.
4. BACKGROUND: Our Soldiers, Families and Civilians have experienced the multiple pressures and consequences of training the force in continuous combat. As we remain a ready and resilient force, we know that our resilience depends on the ability of our Total Army Family to cope with the cumulative effects of stress and the challenges we face ahead for the Army of 2020.

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5. POLICY.

a. GOALS: The NTC and Fort Irwin will support the Ready and Resilient Campaign (R2C) through HP/RR/SP training, education, awareness, and assisting commanders in creating and fostering an environment where:

(1) Leaders at all levels, from Senior Commander to Squad Leader, sustain a visible and active focus on Soldier, Army Civilian, and Family issues impacting resilience and Health of the Force.

(2) There is an increased emphasis on Health Promotion, Risk Reduction, and Comprehensive Soldier and Family Fitness to promote Suicide Prevention.

(3) Fort Irwin suicidal behavioral trends are significantly reduced as a result of improved education, awareness and intervention, and enhanced access to quality Behavioral Health care.

b. IMPLEMENTATION:

(1) Appointment of the Community Health Promotion Council (CHPC) and Working Groups: The installation will ensure the CHPC is established, visibly and fully supported, led by the Senior Commander, and attended by unit commanders and installation service providers. Senior commanders will ensure the individuals identified for the CHPC and working groups are the best qualified personnel to synchronize installation efforts and affect change. The working groups will be aligned with Comprehensive Soldier and Family Fitness (CSF2) dimensions of strength in order to plan, implement, and manage the local HP/RR/SP Program. CHPC working groups will:

(a) Provide oversight of working groups and collaboration forums to promote sharing of information and ideas including lessons learned from the Family Advocacy Program's case review committee, fatality review boards, and Sexual Harassment/Assault Response and Prevention (SHARP) Program's Sexual Assault Review Board (SARB).

(b) Evaluate program needs of the installation and make appropriate recommendations to the CHPC on a quarterly basis.

(c) Implement an integrated Family member suicide prevention program.

(2) Appointment of Brigade/Unit Health Promotion Teams: All commanders will utilize Unit Health Promotion Teams. The teams will:

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(a) Meet monthly to review and monitor trends and outcomes of DA mandated and unit driven HP/RR/SP training programs.

(b) Identify and prioritize unit risk factors to mitigate negative trends, utilizing and integrating community resources.

(c) Communicate with the Health Promotion Team to report Readiness and Resilience metrics to the Senior Commander at the CHPC. These metrics will include Suicide Prevention numbers, Resilience Training numbers, and R2C Leadership Development Tactics, Techniques and Procedures (TTPs).

(3) HP/RR/SP Training: Commanders will ensure Soldiers, DA Civilians, and Family members are informed and procedures are in place for HP/RR/SP training. Commanders will incorporate the annual Ask, Care, Escort (ACE) Suicide Awareness Training requirement for Soldiers and Civilians into Short Range Training Guidance and Yearly Training Calendar planning. Commanders and Directorates will provide reports to the NTC and Fort Irwin Suicide Prevention Program Manager. This report will include the status of suicide prevention training for all assigned Soldiers and DA Civilians. Reports will contain the following information:

(a) The training completed by all Soldiers and DA Civilians in the DA G-1 approved Ask, Care, Escort (ACE) Suicide Awareness Training.

(b) The Suicide Intervention Skills Training completed by all Soldiers and DA Civilians, currently the Ask, Care, Escort – Suicide Intervention (ACE-SI) and Applied Suicide Intervention Skills Training (ASIST) IAW DA PAM 600-24 (17 Dec 09, RAR 7 Sep 10), para 3-7E, Table G-1 (page 70).

(c) The requirement for ACE is once a year; ACE-SI and ASIST are a one-time requirement.

(4) Unit Gatekeepers: Each unit down to the Company/Troop level will appoint a Suicide Intervention Officer (SIO), E-6 or above, as an additional duty via a Memorandum for Record. The SIO will be the lead suicide awareness trainer and serve as the primary gatekeeper for the unit. SIOs will complete Applied Suicide Intervention Skills Training (ASIST), which is the Army-approved training for gatekeepers.

(5) All Commanders, DES, CID, MEDDAC, Chaplains, PAO, DHR, SJA, ACS, DFMWR, DPT, CYSS, and other installation, organization, and community agencies, as needed, will support and enforce all requirements of cited references of paragraph 3 in this policy letter.

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6. The proponents for this policy letter are Alcohol Drug Control Officer for Risk Reduction and Suicide Prevention, at 760-380-1366, and the Health Promotion Office for the CHPC/HP, at 760-380-7905.



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Major General, USA
Commanding

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